

U6 Program is for 4–5-year-old children that are looking to play a team sports with friends and other neighborhood children, and develop a love of the game. Our focus is on the basics, and having fun, all while learning to work together as a team. The goal of the session is for EVERYONE to have fun, and teach children the fundamentals of:

- Teamwork
- Dribbling
- Passing
- Shooting
- Game Layout/Rules
- Other basic techniques (trapping, spreading the field of play)

The first 2 weeks of the season are practice sessions. At week 3, games begin. Scheduled rotation of games/practices TBD based on number of teams. Each team will play ~7-8 games, depending upon allowable time in season. Additional practices may be held at the coach's discretion. Teams will be comprised of ~8 children (co-ed) per team.

Rules are as follows:

- The format is 4v4, no goalie (players not permitted inside box)
- Two 20-minute halves; 5 minute halftime
- Ball Size: 3
- Each child receives equitable playing time (substitute every 5-10 minutes)
- At start, coaches decide make-up of field players, and continue in conjunction with other coach throughout (e.g. older, younger, advanced)
- Play stops with ball out-of-bounds. Restarts on a throw or free kick
- Free kicks awarded at point of pushing, kicking, or hand-ball fouls (fouls should be explained when they occur)
- Goal Box Rules:
 - No Goalies Players are not allowed in the goal box (see first bullet).
 - Shots on goal by attacking players must originate from outside of the box.
 - Defenders cannot enter to box to defend the ball.
 - Dead balls within the box will be placed at corner of box for a goal kick by defense.
- Overtime games to be decided by an extra 5-minute period of play, and then penalty kicks.
- Heading not allowed
- Field is 40x30 yards

End-of-the-season Tournament: The last week of the season will be used to play a mini-tournament for all teams. Tournament games will be played on regular fields and consist of one 20-minute game (no half time). Teams will be sorted into “brackets” and play first round of games on Monday. Pending results, games will be scheduled for Wednesday accordingly. Additional days may be necessary to accommodate the number of teams.

Registration fees include an In-House uniform (t-shirt). Players need to come prepared with shin guards, socks, and sturdy shoes (leather soccer shoe and/or cleats).